

Live Love Dance

2024-2025

Class Descriptions and Dress Code

*All students should have their hair pulled up out of their face in a ponytail or bun for all classes.

Tippy Toes Dance-Creative Ballet, Tap and basic Tumbling techniques are explored in this class for the 3 to 4-year-old dancer. This class brings basic movement concepts to young children in a fun and creative way to develop the young dancer's love for dance. Dancers must be 3 by August 2024 and be able to separate from their parent/guardian and dance alone.

Dress Code: Leotard/skirt, (optional tights), pink ballet, and black tap shoes.

Tippy Toes II-Creative Ballet, Tap and basic Tumbling techniques are further explored in this class for dancers with 1 year of Tippy Toes experience during the previous dance year. Dancers who are 4.5 years-old by August 2024 may also be eligible.

Dress Code: Leotard/skirt, (optional tights), pink ballet and black tap shoes.

Classic Combo I-Creative Ballet, Tap and Tumbling techniques are further explored in this class for the 5 to 7-year-old dancer. Dancers will learn more complex movements while still nurturing creativity. Dancers must be 5 by August 1, 2024.

Dress Code: Leotard/skirt, (optional tights), pink ballet, and black tap shoes.

Combo II-Creative Ballet, Tap and Jazz/Tumbling techniques are further explored in this class for the intermediate dancer. Dancers will be introduced to using the Ballet barre and will begin to explore the difference between Jazz and Ballet techniques. Dancers must have completed one year in Combo I and be recommended by the teacher for Combo II.

Dress Code: Leotard/skirt, (optional tights), booty shorts, dance pants, or tight fitting dance top, pink ballet and black tap shoes. No baggy clothing allowed.

Dance Jam-This fun and exciting class is an introduction to Hip Hop and Jazz techniques for the 5 to 7-year-old dancer. Dancers must be 5 by August 2024 in order to enroll.

Dress Code: Tight fitting dance attire, (dance pants, booty shorts, tight fitting tops, or leotard) and black slip-on jazz shoes.

Jazz I/II/III-These classes focus on building our dancer's technical skills and love for dance. Dancers must be 7 by August 1, 2024 in order to enroll in the Level I class. Dancers are placed into other levels based on experience.

Any tight fitting dance attire such as shorts or tight fitting leggings, a leotard, unitard, etc. bare feet for lyrical and black slip-on jazz shoes for jazz.

Hip Hop Classes-Our Hip Hop classes are high energy and include the latest trends and moves! We have classes for ages 7+. Dancers must meet the minimum age requirement by August 1, 2024 in order to enroll in the class.

Dress Code: Any baggy clothing that allows the dancer to move comfortably. Specific shoes will be required each year for class and performances (\$30-\$45). Exact cost/requirements for specific classes will be announced within the first two weeks of the dance year.

Acro Dance- Acro Dance classes teach the "Acrobatic Arts" curriculum by a certified instructor. The Acro Dance class is a good class for any student who is mostly interested in Acro but also enjoys dancing or the serious dance student interested in enhancing their dancing with Acro skills. The Acro Dance I and II classes performs in both recitals, the Acro Dance III class performs in the June Recital only, the Acro Dance IV and V classes do not perform in any recitals, the class is used to enhance other dance techniques.

Dress Code: A leotard with optional tights/booty shorts or leggings and bare feet.

Musical Theatre Classes-Dancing and acting games promote fun and learning for all levels of dancers. These classes focus on Jazz dance techniques while promoting self-expression in this fun and interactive class. Students must meet the minimum age requirement by August 2024 in order to enroll.

Dress Code: Any tight fitting dance attire and black slip-on jazz shoes.

Teen Ballet-Our Teen Ballet class is the perfect fit for dancers who want to take their dance technique to the next level or are new to dance and want to start with Ballet. Dancers must be 12 by August 1, 2024 in order to enroll.

Dress Code: Leotard and Ballet skirt (no other skirts), tights, and pink split-soled ballet shoes

Tap I/II-These classes teach basic Tap techniques in a fun environment. Students must be 7 by August 1, 2024 in order to enroll in the Level I class.

Dress Code: Dancers should wear any tight fitting dance attire such as leggings and a tank top, and black tap shoes.

Ballet I-These classes teach the basic foundations of Ballet in a nurturing environment. Dancers must meet the minimum age/experience requirement in order to enroll.

Dress Code: A leotard, light pink tights, a solid-colored transparent ballet skirt, and pink split soled ballet shoes. Hair must be in a Ballet bun. Recommended but not required for class (required for exams): Burgundy Leotard (sold at LLD), Character Skirt and Shoes (Contact Boulder Body Wear). Approximate Cost: \$105

Ballet II-These classes teach the basic foundations of Ballet in a nurturing environment. Dancers must meet the minimum age/experience requirement in order to enroll.

Dress Code: Burgundy Leotard (sold at LLD), Pink Tights, Pink Split-Soled Ballet Shoes. Recommended but not required for class (required for exams): Character Skirt and Shoes. Approximate Cost: \$105

Ballet III-These classes teach the basic foundations of Ballet in a nurturing environment. Dancers must meet the minimum age/experience requirement in order to enroll.

Dress Code: Burgundy Leotard (sold at LLD), Pink Tights, Pink Split-Soled Ballet Shoes, Character Skirt and Shoes. Approximate Cost: \$105. Must be purchased at Boulder Body Wear

Ballet + Conditioning Classes-The Ballet and Conditioning Classes focuses on teaching the students The Paula Morgan Technique. This technique is a combination of Pilates, Yoga and Ballet that is taught to structure the dancer correctly to avoid injury and also to teach the dancer to work to their highest potential. In addition to teaching the technique, this class also focuses on how it relates to Ballet. These classes do not perform in the Holiday Showcase. Depending on level, they may perform in the June Recital. Dancers in these classes are expected to work to a very high level. In the event that a dancer is not putting forth the effort to benefit from the program, the teacher may move them to a traditional Ballet class.

Dress Code: A solid black leotard, black booty short, tights and barefeet. Dancers will need Pink Ballet shoes for the Recital. Please note: There is a \$50 fee for the Toe-Dividing Kit that is needed for all Ballet + Conditioning Classes.

Turns/Jumps Technique Classes-These classes are meant for the more experienced dancer who wants to push themselves. The class focuses on Jazz Technique with specific drills for Turns/Jumps. These classes are technique only classes and do not perform in either recital.

Dress Code: A solid colored leotard, leggings or booty shorts.

Adult Classes-Our Adult Hip Hop, Tap, Ballet, Conditioning and Musical Theatre classes are a huge hit! No dress code required! Black Lace-Up Tap, Tan Jazz Shoes, Pink Ballet Shoes and Black Hip Hop shoes are required!

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